

# THE VOYAGE

THEORY TO PRACTICE I VOLUNTEERISM TO PROFESSIONALISM

Association of Professional Social Workers and Development Practitioners (APSWDP)

In Special Consultative Status with Economic and Social Council of the United Nations since 2019
Affiliated with Department of Global Communications (DGC) of the United Nations

PROMOTING SOCIAL WORK EDUCATION FOR SUSTAINABLE DEVELOPMENT

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### **Noble Thought**

"Never, never, be afraid to do what's right, especially if the well-being of a person or animal is at stake. Society's punishments are small compared to the wounds we inflict on our soul when we look the other way."

- Martin Luther King, Jr.



PICTURE: COMMEMORATION OF INTERNATIONAL WOMEN'S DAY AND WORLD SOCIAL WORK DAY 2022 AT REGIONAL INSTITUTE OF COOPERATIVE MANAGMENT (RICM), CHANDIGARH.

APSWDP NEWSLETTER

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### FROM THE DESK OF EDITOR IN CHIEF

#### **RAJEEV KUMAR**

We are delighted to release Volume-II, Issue-IV of our Quarterly Newsletter 'The Voyage', which includes a wide coverage and series of Sustainable Development Goals, our multifarious diverse programme and activities, global happenings, learning, networking opportunities for professionals, recent MOU signing & partnership building, expert comments, views from practitioners. We have also created a 'know your member's section' to introduce our esteemed members.

### **EXPERT'S SPEAK**

### Dr. Sangeeta Pant, Dean Chitkara College of Education, Chitkara University, Punjab



Chitkara College of Education, Chitkara University takes pride and an immense pleasure to be associated with APSWDP. We feel fortunate to have associated with absolute professionals. We together aim to work for the betterment and upliftment of the society keeping in mind the National Education Policy 2020 and the Sustainable Development Goals (SDGs) to sensitize through Community Driven Development programs. All the events conducted collaboratively have been of world-class, high quality, highly enriching and enlightening. The speakers invited were renowned and have strong

content knowledge. The coordination for the events has been a smooth sailing and an immense support rendered. We look forward to a long and fruitful association.

### Jas K Shan, Speaker, Life Coach, Explorer & Wellness Expert, Chandigarh

Working as a group can accomplish more, and more productively, than one person can on their own. Sharing talks with initiatives of APSWDP has proven to one of such experiences. The commonness of thoughts and ideas have been the highlight of the association. Wish the best in years to come.



# AN INTRODUCTION TO UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS 3 (UN-SDG 3): GOOD HEALTH AND WELL BEING

### Introduction

- \*DR. KUMAR PUSHKAR/DR. PRIYANKA KHANNA KAUSHIK

The Sustainable Development Goals (SDGs) are a set of 17 global goals to end poverty, protect the planet and good health for all. Goal 3 of it with mantra of "leaving no one behind" pursuits the agenda of health which is universal in scope and requires a comprehensive, collective & integrated approach for sustainability. The key to the agenda is "Universal Health Coverage" which must be safe, effective, equitable, affordable and accessible in order to achieve all the targets of the goal and



will help in developing a resilient health care ecosystem in all aspects. SDG laid emphasis on inter sectarian, integrative and parallel approach for the social, environmental and unparalleled successes have been achieved particularly in terms of economic component of health, thus recognizing the interdependence among them through SDGs viz. poverty reduction, access to safe drinking water for the developing countries, fight against HIV/AIDS pandemic, malaria, and tuberculosis. While continuing the progress made in MDGs, it has incorporated several newer aspects like health financing, development of health systems, NCD, RTA, Substance abuse and Environmental health.

### SDG 3: How it is related with multiple other SDGs

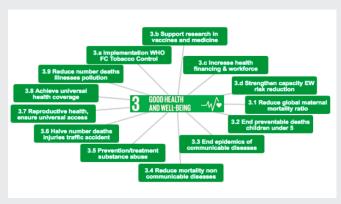
Health affects and in turn gets affected by many non-health goals comprising social, economic & environmental determinants. The concept of universal health is not only Reproductive, maternal, newborn, and child health. The Global Strategy for women, children, and adolescent health is fully aligned with SDG and revolves around the theme of Survive-Thrive-Transform. It has identified youth as a venerable population and potential leading risk factors for adolescent death. It considers all determinants of health holistically but also accolades participation of all sectors for the attainment of desired public health status. Intersectarian and integrated preventive approaches can nullify the effect of modifiable risk factors on health and make it difficult for non-modifiable risk factors from attaining their whole spectrum.

### **COVID 19 Pandemic and Health**

Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development. Currently, the world is facing a global health crisis unlike any other — COVID-19 is spreading human suffering, destabilizing the global economy, and upending the lives of billions of people around the globe.

Before the pandemic, major progress was made in improving the health of millions of people. Significant strides were made in increasing life expectancy and reducing some of the common killers associated with child and maternal mortality.

But more efforts are needed to fully eradicate a wide range of diseases and address many different persistent and emerging health issues. By focusing on providing more efficient funding of health systems, improved sanitation and hygiene, and increased access to physicians, significant progress can be made in helping to save the lives of millions. Health emergencies such as COVID-19 pose a global risk and have shown the critical need for preparedness.



PICTURE: SUB-TARGETS OF SUSTAINABLE DEVELOPMENT GOAL-3: GOOD HEALTH AND WELL-BEING SOURCE: https://sdgs.un.org/goals/goal3

The United Nations Development Programme highlighted huge disparities in countries' abilities to cope with and recover from the COVID-19 crisis. The pandemic provides a watershed moment for health emergency preparedness and for investment in critical 21st century public services.

### **Accelerating Progress under SDG 3**

In order to accelerate progress and address new health challenges, all actors, including the private sector need to partner to develop health care solutions that work for people, families, communities and nations. At minimum business has a responsibility to respect all human rights, including the right to health. Small, medium and large companies can both benefit from and contribute to achieving healthy societies. The SDGs provide a new opportunity for the private sector to support the delivery of health needs around the world through their products, services and business activities including value chains and distribution networks, communication activities, occupational health and safety practices and provision of employee benefits. By ensuring that workers have safe working conditions and access to health services, companies establish healthier staff and better relationships which in many cases has positive effects on productivity.

### **Limitations and Potential Implications**

In 2017, the UN's High Level Political Forum published a thematic review of SDG 3. Investing in multi-stakeholder partnerships to remove barriers to equitable health services which are responsive to increasingly diverse population health needs, and to reach those most further behind first is essential for the 2030 Agenda for Sustainable Development. Strong commitment by UN Member States and the international community to ensuring good health and wellbeing is achieved is therefore emphasised. An analysis in 2017 showed that the input, outcome and impact indicators has limitations in their approach. SDG 3 tracks population health across many different disease states, however it possesses several limitations according to this analysis. It does not track protection from financial risk, primary health care inputs, how satisfied users are with the health care system and does not provide with a way to tackle the prevention, diagnosing, treatment and management of various diseases. Firstly, primary health care. There are no indicators for primary health care, only two indicators for resource management; health care worker density and hospital access. Secondly, no comprehensive approach is present for being able to diagnose, prevent, manage and treat any disease. An impact indicator gets information from a preceding output indicator from either public or health care services but never both. This means that SDG 3 focuses on targeted interventions for priority diseases, but does not promote a approach for preventing, diagnosing, treating and managing any disease.

Lastly, the indicators do not track financial risk protection or user satisfaction using health care services. If people are not protected against financial implications of using the health care system, this can lead to a decrease in access of care. Policymakers should be aware that by providing services to improve population health, this will have implications on financial status and satisfaction with the healthcare system which is not portrayed in SDG 3

#### Conclusion

SDG 3 addresses the biomedical field and health-related research in an extensive way, addressing not only their topics and habits but also their relationships with civil society. It has developed quantification and analysis of the roles of other potential drivers of health development, the interactions that may exist between different SDGs, and the possible indirect impacts on health from other SDGs to produce a more concise, cohesive and actionable framework for the SDGs. It is high time, it must mention Health as a human right. Furthermore, it should incorporate School health, geriatric health and application of newer health technologies like telemedicine. COVID-19 pandemic has threatened to erase the progresses made in RMNCH, health infrastructure and life expectancy. Advent of COVID-19 pandemic and increasing impact of environment & geopolitical conflicts warrant a more dynamic, pragmatic and exhaustive interdisciplinary approach along with adequate threat mitigating measures to address all determinants of the health true to sustainable development. Complete lack of adequate data, particularly from tropical and southern countries, calls for a profound reorganization of monitoring, surveillance and tracing systems for animal health, public health and welfare statistics.

### References

https://www.un.org/sustainabledevelopment/ health/

https://sdgs.un.org/goals/goal3

https://sustainabledevelopment.un.org/sdg3

https://sdgcompass.org/sdgs/sdg-3/

Health is a state of complete physical, mental, and social wellbeing, and not merely the absence of disease or infirmity.



- World Health Organization

\*Dr. Kumar Pushkar is a medical practitioner, a public health professional and a Faculty in the Indian Army at AFMC, Pune. Dr. Priyanka Khanna Kaushik is a professional Social Worker and a development practitioner based in Punjab and a Post Doctoral Fellow at ICSSR.

### **APSWDP PROGRAM & EVENTS**

### Virtual Dialogue on "Wetlands Action For People and Nature" on the occasion of World Wetlands Day.

Aligned to the UN SDGs and initiatives of The Climate Reality Project India, to demand real climate action, the Association of Professional Social Workers & Development Practitioners (APSWDP) in partnership with Chitkara University, Punjab, has conceived a Virtual Program/ Dialogue on "Wetlands Action For People and Nature" on the occasion of World Wetlands Day on 2nd February 2022 with an aim to create vibrancy among young students and work together with academic institutions and organizations, government and communities, the private sector and all relevant stakeholders, for restoring and retaining water bodies and wetlands. The conference was chaired by Ms. Geethanjali M Jeykumar, Indian Forest Service (IFS), Research Fellow, Helsinki University, Finland, and the session was taken by Guest Speaker Elsie Gabriel, Climate Reality Leader. The Chief Guest & Keynote Speaker - Ms. Geethanjali M. Jeyakumar inspired to work on the assessment of ecosystem values and safeguard the coastal wetlands (near sea), inland wetlands (near rivers, lakes, dams) and natural/ man-made wetlands. The special sharing by Guest Speaker, Ms. Elsie Gabriel with her vast experience in ocean climate change and solutions sensitized the participants on the current position of India losing nearly onethird of its natural wetlands to urbanization and over exploitation, agriculture expansion and pollution. She emphasized us to collaborate and network to work together on climate change and building resilience, with a pledge to protect and restore the Wetlands.

# Ms. Rekha Trivedi, Secretary-General, APSWDP was felicitated by Regional Outreach Bureau, Ministry of Information and Broadcasting on International Women's Day.

Ms. Rekha Trivedi, Secretary-General, Association of Professional Social Workers & Development Practitioners (APSWDP) was felicitated by the Regional Outreach Bureau, Ministry of Information and Broadcasting, Chandigarh on the occasion of International Women's Day at Chandigarh on 7th March 2022 by Ms. Anindita Mitra, IAS, Commissioner, Municipal Corporation, Chandigarh for her accomplishment in social welfare, disability and being a role model for women.

### Virtual Conference on "Breaking the Bias" on the occasion of International Women's Day.

Aligned to the United Nations Women theme for International Women's Day (IWD-2022) - "Gender Equality Today for a Sustainable Tomorrow", Association of Professional Social Workers and Development Practitioners (APSWDP) organized a Virtual Conference on \*Breaking the Bias" in partnership with Chitkara College of Education, Chitkara University, Punjab on 8th March 2022, with an aim to initiate a dialogue among stakeholders. The key speaker of the session was Ms. Jas K Shan, Life Coach, and Wellness Expert. Ms. Jas K Shan shared that Bias here starts from inflexibility of mind-sets and societal norms. She encouraged the participants to inculcate the habits of Co-Existence & Co-Create to remove the bias; take time for self-introspection, think in terms of both Shiv - Muscular and Shakti - Feminine; Work on Four A's - Awareness; Accommodating your life with other gender without losing yourself; Analyse your life, dream, purpose; Attitude towards it; ad remove the bias by using gender-neutral language. Adopting more thoughtful, impartial, and inclusive language in life and businesses to foster atmospheres of openness and trust, which in turn will empower both men and women.

### APSWDP was felicitated by Chandigarh AIDS Control Society (CSACS) at AIDSCON-11 at Chandigarh and Brahma Kumari Iswariya Vishwavidyala, Chandigarh.

Dr. Sumit Arora, President, Association of Professional Social Workers & Development Practitioners (APSWDP) received the honour on behalf of APSWDP from Director Health Services, Chandigarh and Project Director, Chandigarh AIDS Control Society (CSACS) at AIDSCON-11 on 12th March 2022 at Park View, Chandigarh, for introducing innovative initiatives in Composite Targeted Intervention Project. Also, he was felicitated by Brahma Kumari Iswariya Vishwavidyala, Chandigarh for his contribution during COVID-19 Pandemic for social support to minority group.



Chandigarh.

### **APSWDP PROGRAM & EVENTS**

Virtual Dialogue on "Groundwater: Making the invisible visible" on the occasion of World Water Day.

Aligned to the UN SDGs and initiatives of The Climate Reality Project India, to demand real climate action, the Association of Professional Social Workers & Development Practitioners (APSWDP) in partnership with Chitkara University, Punjab, has conceived a Virtual Program/ Dialogue on "Groundwater: Making the invisible visible" on the occasion of World Water Day on 24 March 2022. The focus for this year is groundwater, which is a dwindling resource overused by many countries. It is about taking action to tackle the global water crisis. A core focus of World Water Day is to support the achievement of Sustainable Development Goal 6: water and sanitation for all by 2030. Ms. Elsie Gabriel resource person made the participants re-think on human activities (including population- and economic growth) and climate variability, which are rapidly increasing the pressure on groundwater resources: serious depletion and pollution problems reported for many parts of the world. She emphasised to put a spotlight on this invisible resource, enhance knowledge exchange and collaboration, and thereby increase the awareness of the importance of taking care of our groundwater. The Special Guest of the Day Dr. Charu Khosla, Dean Internatioal Affairs, Chitkara University made the audience aware of the depletion of groundwater resources due to excessive usage of resources and how Chitkara University is working on rain harvesting to recycle the ground water, recharging the groundwater tables through interlocking tiles, and sensitized the participants to work ethically on the four important pillars - Science, Economics, Governance and Spiritual Connection.

## APSWDP CAPACITY BUILDING PROGRAMME FOR MARGINALIZED AND HIGH RISK GROUPS

Commemoration of Republic Day 2022 coinciding Capacity Building & Empowerment of Stakeholders.

The Association of Professional Social Workers and Development Practitioners (APSWDP) had conceived to organize a Community Event-cum-Capacity Building for the High-Risk Groups (HRGs), also categorized as vulnerable and marginalized minority community on the eve of the Republic Day on 26th January 2022 at New Indira Colony, Manimajra, Sector-13, Chandigarh under Composite Targeted Intervention Project (CTIP) on HIV/ AIDS. Sh. Sandeep Mittal, Deputy Director Targeted Intervention, Chandigarh State AIDS Control Society (CSACS) was the Chief Guest during the event.

Sh. Sandeep Mittal, the Chief Guest during the event while addressing the audience, mentioned regarding the Composite Targeted Intervention Project which is aimed at benefitting the High-Risk Groups (HRGs) and also for creating a welfare state for all those who are in dire need. Sh. Mittal also talked about various services that are provided under the umbrella of APSWDP and motivated HRGs present to avail such services which are provided free of cost. In addition, he also congratulated APSWDP for the meticulous planning in organizing the community and also for engaging them in various skill development courses which are free for them. Sh. Mittal also appreciated the efforts of TI staff under the dynamic leadership of Smt. Rekha Trivedi, Secretary General-cum-Project Director in preparing an atlas of all the hotspots of the project. Blankets were distributed to the Transgender and other HRGs being provided by Shri Rupinder Singh, Bebos Technologies under CSR support after the lunch break in the Drop-In-Centre (DIC) at its project office.

## Commemoration of International Women's Day and World Social Work Day 2022 coinciding Capacity Building & Empowerment of Stakeholders.

Aligned to the United Nations Women theme for International Women's Day (IWD-2022) - "Gender Equality Today for a Sustainable Tomorrow", and World Social Work Day (WSWD-2022) - "Co-Building a New Eco-Social World: Leaving No One Behind", during Iconic Week of Azadi Ka Amrit Mahotsav (AKAM), Association of Professional Social Workers and Development Practitioners (APSWDP) organized a Community and Advocacy Event-cum-Capacity Building and Training Workshop for Composite Targeted Intervention (CTI) Stakeholders and Peer Educators on 12th March 2022, at Regional Institute of Cooperative Management (RICM), Chandigarh.

The event was chaired by Chief Guest Dr. Arun Kumar Aggarwal, Chairperson, School of Public Health, PGIMER and co-chaired by Guest of Honor Ms. Dea Andrea Wehrli, President, E[co]work, Switzerland, with an objective to recognize the contribution of women, girls and transgender around the world; and working together with academic institutions and organizations, government and communities towards 'Imagining a Gender Equal World' and to build a more sustainable future for all.





Picture: Mr. Sandeep Mittal, Deputy Director, CSACS releasing APSWDP CTI HRG ATLAS



Picture: Mx. Kittu, PLV, Samta Nyay Kendra, APSWDP sharing her journey during My Story Session.





Picture: Prof. Arun Kumar Aggarwal, Chief Guest and Dea Andrea Wehrli, Guest of Honour during the inaugural session.

### APSWDP SIGNS MOU WITH NATIONAL AND INTERNATIONAL LEADING INSTITUTIONS





Association of Professional Social Workers and Development Practitioners (APSWDP) Chandigarh signed Memorandum of Understanding (MOUs) in the present quarter with leading and legendary national and international institutions including Chitkara College of Education, Chitkara University, Punjab, Chandigarh University, Punjab, E[co]work Association, Switzerland, Consortium of Buisness Mentors and Advisors (CBMA), Chandigarh, Women for Women Support Services, Canada and Aradhana Viklang Vikas Charitable Trust, Gujarat for building partnership on varied social domain particularly Capciaty Building and Training, Rights of TGs, PWDs and Women, Education for Sustainable Development.





### **Know Your Members**



### SUDEEP AGNIHOTRI EDUCATIONIST AND PHILANTHROPIST

Mr. Sudeep Kumar Agnihotri is an academician by profession and possesses a Master's Degree in Science -Zoology (M.Sc. Hon.), M. A. Education and B.Ed. from Panjab University, Chandigarh. His areas of expertise are in Teaching Methodology/pedagogy and Sustainable Development, Presently, he is serving as a Haryana Education Services -II (Lecturer) in Haryana. He has passion towards music and play flute and loves to mentor youth on life skills and motivation. He is member in various social and welfare organization.



AMANDEEP SINGH ACADEMICIAN AND PHILANTHROPIST

Mr. Amandeep Singh is an academician by profession and possesses a Master's Degree in Sociology, MPhil in Sociology and B.Ed. His areas of expertise are in Youth Development, Rural Development, Human Rights and Social Justice. He is serving as a Lecturer in Punjab Group of Collage, Fatehgarh Sahib, Punjab. He has life membership of IAMBSS and APSWDP and founder member of NGO Tammana.



## DR. SANDEEPK MEHARWAL DEVELOPMENT PRACTITIONER

Dr. Sandeep Kumar Meharwal is a renowned global public health expert by profession and a Member of Technical Advisory Group, World Health Organization (WHO). Dr. Sandeep possesses Ph.D. from Post Graduate Institute of Medical Education and Research (PGIMER). Chandigarh, India. In the past, he has served national and international level organizations at various places in many countries, involving consultations to various ministries on Public Health. He has a passionate about social work and welfare of deprived classes and support them for their development.



### HITESH KUMAR GULATI CHANGE MANAGEMENT CONSULTANT

Mr. Hitesh is a Human Capital Transformation & Change Management Consultant with twenty (20) years of diversified experience in HR Transformation Projects, Process & Product Development, GAP Analysis, Research Projects, Mentorship, Trainings and Report Writing Consultation. He has been leading HR Transformational projects in Food & Hospitality, Electrical Home Appliances, Steel, Textiles, Real Estate, Hospitality & Leisure, Education and Overseas Education Consulting industry.

#### APSWDP REPORTER - SOCIAL WORK AND DEVELOPMENT NEWS

### COVID-19 Research and Innovation - Powering the world's pandemic response – now and in the future: Report

This updated report once again brings a spotlight to the immense and tireless global research effort to control COVID-19. The report not only details the successes but also the priority research tasks and lessons learned that are critical in the next phase of the pandemic - as the world strives to move to 'endemic' status. Crucially, focusing on how global research actions and platforms that are bolstering our response to COVID-19 right now, can also be deployed in the future to help the world rapidly combat new threats from viruses and other pathogens.

Access full report at https://cdn.who.int/media/docs/default-source/blueprint/achievement-report- grif web finalversion.pdf? sfvrsn=baf2dea9 11&download=true

### APSWDP REPORTER - SOCIAL WORK AND DEVELOPMENT OPPORTUNITIES FOR YOUTH

### World Development Report 2022: Finance for an Equitable **Recovery - A Report**

The COVID-19 pandemic triggered the largest global economic crisis in more than a century. In 2020, economic activity contracted in 90 percent of countries, the world economy shrank by about 3 percent, and global poverty increased for the first time in a generation. Governments enacted a swift and encompassing policy response that alleviated the worst immediate economic impacts of the crisis. However, the government response also exacerbated a number of economic fragilities. World Development Report 2022: Finance for an Equitable Recovery examines the central role of finance in the economic recovery from the pandemic. It highlights consequences of the crisis most likely to affect emerging economies, and advocates a set of policies to mitigate the interconnected financial risks stemming from the pandemic and steer economies toward a sustainable and equitable recovery.

Access full report at:

https://openknowledge.worldbank.org/bitstream/handle/10986/36883/97814 64817304.pdf

### The People's Global Summit, Co-building a New Eco-Social World: Leaving No One Behind - 29th June to 2nd July 2022

The people's global summit is for everyone. It brings together individuals and communities, people of lived experiences, along with global organisations to co-build a combined global conversation on the creation of globally shared values for a new eco-social world that leaves no one behind.

Register: https://newecosocialworld.com/register/

### **Job Opportunities**

**Project Associate** Regional - 4 openings in Western, Southern, Central and Northern region of Odisha, India Apply by: 4 April 2022 Link:

https://www.in.undp.org/content/india/ en/home/jobs.html

> Project Associate (Research & **Documentation) (NPSA6)** Location: Jaipur, India Apply by: 4 April 2022 Link:

https://www.in.undp.org/content/india/ en/home/jobs.html

**Project Officer (Infrastructure & Climate** Change) (NPSA8)

Location: Bhubaneswar, India Apply by: 4 April 2022 Link: https://www.in.undp.org/content/india/ en/home/jobs.html

#### **Editorial Team**

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